

After School Karate Classes

with Master Martin



Hello..... For all students years 1 to 6

I am pleased to once again continue the Karate Classes at the Croft School for all children in years 1-6. My classes teach a style of Korean Karate called Tang Sudo. We have an adapted syllabus for after school children allowing them to learn safely. It is an excellent environment for students to learn real self-defence, self-control and self-discipline whilst improving fitness and muscle tone, while being relaxed and having fun. We have found that the confidence level in children learning Karate has increased dramatically.

Classes will run on **Wednesday afternoons from 4.10pm to 5.10pm in the Sports Hall**. (years 1 and 2 will be escorted to classes at 4pm) starting **Wednesday 9th September 2026 until Wednesday 14th October 2026 and Wednesday 4th November 2026 to Wednesday 16th December 2026**. This is a 13 week course.

To begin with the children may wear their PE kit. Once they are settled they must wear a BLACK MKMA Karate suit called a DOBOK. The suits are supplied by us and have the correct MKMA logo embroidered on them. These are available to buy at a cost of **£45.00**. Training T-shirts are available at **£20.00**. The students will not be permitted to enter a grading without the correct uniform. The first belt test is for a yellow belt, the tests are held towards the end of each term and cost £40.00. The children are taught an exciting syllabus and are **issued with a manual** outlining the requirements for each colour belt. It also contains Korean terminology, stories, quizzes and much more. This will give the students more structure on their karate journey whilst keeping the element of fun in their learning.

The 13 week course costs £169.00 Please pay with cash or by BACS to Miss S Martin Acc No 57328602 Sort Code 09-01-26

If your child would like to attend the Karate classes please complete the form below and return to me either by Email sarah-martin6@sky.com or Via WhatsApp

I do have spaces available that will be filled on a first come, first served basis. The Students already training will be prioritised for a place. **Please let me know, and submit your fee to secure this place.** please book ASAP.



I Look forward to welcoming you all next term

THE COURSE MUST BE PAID FOR BEFORE THE TERM BEGINS TO SECURE A PLACE

Please be reminded that, as with all clubs, a terms notice of withdrawal is required.

If you would like any further information, please do not hesitate to contact me on **07734810941**
or Email sarah-martin6@sky.com

www.mkmakarate.co.uk



PLEASE DETACH THIS SECTION AND RETURN WITH YOUR PAYMENT TO THE INSTRUCTOR. KEEP THE TOP SECTION FOR YOUR RECORDS

Dear Master Martin

Please reserve a place for D.O.B. Class.
On the Karate course at the Croft School in the Michaelmas Term 2026

Emergency contact Name and Number.
Relevant Medical Conditions

Please return your form to sarah-martin6@sky.com and your Payment of £169.00 to
Miss S Martin Account Number 57328602 Sort Code 09-01-26